

Introduction to Open Dialogue and dialogical practice

By Judith M. Brown PhD with Guests

THURSDAY JUNE 22 – SUNDAY JUNE 25, 2023 (4 DAYS)

4 - DAY TRAINING SYDNEY

For practitioners, therapists,
counsellors, clinicians who
work with individuals, couples,
families, wider systems.

A TRAINING FOR CLINICIANS BY CLINICIANS

*"The life in which we as therapists
are particularly interested
comprises meanings and feelings
which shift all the time: they are
there for a second and have passed
away the next second ..."*
(Tom Andersen)

Introductory training in Open Dialogue & dialogical practice: A foundation for practitioners in the dialogical approach

Dialogical practice is an emerging approach to family therapy, influenced by the Finnish model of care Open Dialogue (OD), which has emerged over 35 years of development, involving the monitoring of service provision and clinical practice, within an extensive training & supervision program.

This 4-day training is aligned with this Finnish OD approach to working with individuals, families and wider systems. It introduces core philosophical, & theoretical concepts and psychotherapeutic skills of Open Dialogue and dialogical practice, providing a firm foundation for practitioners in this approach.

There is a particular focus on the principles of Open Dialogue, open network meetings, dialogical reflecting within the therapeutic process, and the use of self to underpin various practice contexts.



Learning Goals:

- To be aware of philosophical and theoretical concepts which inform Open Dialogue & dialogical practice.
- To gain an understanding, observe and practice dialogical ideas and their application to differing practice contexts.
- To experience, observe and practice the elements of a dialogical approach to network meetings & family sessions.
- To increase understanding, observe and practice the dialogical therapeutic process and use of self.



CONCEPTUALISATIONS (Knowledge)

The philosophical and theoretical underpinnings of the development of Open Dialogue and dialogical practice, with a particular focus on its emergence within family therapy.

CORE CONDITIONS (Thinking)

The relevance of Open Dialogue and current dialogical thinking and practice to varying Australian work contexts, with a particular focus on the principles of Finnish Open Dialogue.

CORE ELEMENTS (Doing)

The elements of the dialogical approach to clinical practice in open network meetings and therapy sessions, with a particular focus on dialogical reflecting processes.

CORE DIALOGUE (Being)

An understanding of the use of self within the dialogical therapeutic process, with a particular focus on moments of meeting and moments of mis-meeting in sessions.

TRAINING FEE

Early Bird: \$1200.00
before May 4, 2023

Regular: \$1310.00
after May 4, 2023

Includes morning
and afternoon tea.

LOCATION:

Stanton Library, Miller
Street, North Sydney.
Parking available close to
training venue. Morning &
afternoon tea is provided.
Venue is close to coffee
shops for lunch.

TO REGISTER

Early registration is
advised. Numbers are
limited in this practice -
oriented training, with
a focus on clinical
practice, reflection, and
experiential learning.

CANCELLATION POLICY

Cancellation until 2
weeks prior to training
entails a refund of 80%
of fee. No refund of fees
after this time due to
venue and admin costs.

<https://www.judithbrownfamilytherapy.com/register>

JUDITH M. BROWN PhD



Judith is a Social Worker and Couple and Family Therapist in private practice. She has extensive experience working as a Senior Social Worker in a tertiary level child and adolescent mental health clinic. Since observing Open Dialogue in Finland in 2011, Judith has engaged with, taught and written on the dialogical approach to clinical practice and research. She is internationally trained to supervise & train clinicians in Open Dialogue & dialogical practice. She provides introductory, development and advanced trainings, dialogical family-of-origin groups, and individual and group supervision.

ENQUIRIES: WWW.JUDITHBROWNFAMILYTHERAPY.COM